







"Your functions and position are very important, as you are the one whose work results are seen immediately."

ABOUT THIS CAREER

A cook plans, prepares, and cooks food items to ensure the highest quality service and experience for guests or workers.

HOURLY PAY

Approx. **\$15-\$25**

PROJECTED CONSTRUCTION
WORKER RETIREMENTS

~8,100 BY 2029

*BuildForce Canada



n to Enjoys working with people



Good time managerment skills

RESPONSIBILITIES

- Maintaining the kitchen
- Clean and organize
- · Coordinate the kitchen staff
- · Prepare food using client indications
- · Create new recipes
- · Developing menus

WHAT YOU'LL NEED

Education:

High school or equivalent.

Key Skills & Attributes

- Enjoy cooking and cope with the kitchen heat
- Stamina
- Ability to stay calm under pressure
- Organization skills and quick thinking
- Work well as part of a team
- Good communication skills



DID YOU KNOW?

Food means the world to chefs; they tend to relish each meal they eat.